

# FRESHMAN YEAR TO-DO LIST



## ACADEMICS

- > Academics are VERY important.
- > Study — Study — Study. > Get a GREAT start on your GPA.
- > Meet with your guidance counselor to discuss a solid academic curriculum.

## EXTRAS

- > Be sure you are on SCOUTING ZONE
- > Involve yourself in extracurricular activities like clubs/honor society/church group.
- > Get your own email address.

## SOCCKER

Development is Priority #1

- > Evaluate your soccer weaknesses and work on improvement.
- > Meet with coaches and create an action plan based on goals.
- > Practice on your own — fundamentals and ball skills.
- > Take ownership.
- > Consider attending a College soccer summer camp or ID camp.
- > Practice communicating with Coaches
- > Watch College Soccer Programs, Understand the level.



**BE SEEN - Travel to tournaments**  
**BE SEEN - College ID Camps**  
**BE SEEN - Have your games filmed**  
**SEE - Watch college soccer.**

# SOPHOMORE YEAR TO-DO LIST



## ACADEMICS

- > Academics are VERY important.
- > Evaluate your academic weaknesses and work on improvement.
- > Get with a tutor if needed
- > Study — Study — Study.
- > Improve on your GPA.
- > Meet with your guidance counselor to discuss a solid academic curriculum.
- > Identify core courses at your high school — GPA based on these.
- > Take “academic” electives languages / mathematics / sciences.

## SOCCER

Development is Priority #1

- > Evaluate your soccer weaknesses and work on improvement.
- > Meet with Coaches and create an action plan based on goals.
- > Practice on your own — fundamentals and ball skills. > Take Ownership.
- > Be sure to attend a college’s soccer summer camp or ID camp.
- > Practice Communicating with Coaches
- > Watch College Soccer Programs, understand the level.
- > Continue to build your Scouting Zone Profile



**BE SEEN - Travel to tournaments**  
**BE SEEN - College ID Camps**  
**BE SEEN - Create highlight video**  
**SEE - Watch college soccer.**

# JUNIOR YEAR TO-DO LIST



## ACADEMICS

- > Study -- Study -- Study -- Your GPA is VERY important!
- > Add your academics to Scouting Zone
- > Take the SAT and ACT -- again and again -- scores will improve.
- > Become familiar with the Financial Aid and Scholarship process. [Rushcollege.com/financial-aid-101/](http://Rushcollege.com/financial-aid-101/)
- > Ask your parents: Who is paying for college?
- > Have your favorite schools on Scouting Zone Top 10
- > Sign up for NCAA & NAIA Eligibility Centers. [Rushcollege.com/junior-year/](http://Rushcollege.com/junior-year/)

## SOCCKER

- > Make “unofficial” visits.
- > BE SEEN -- Be sure to attend College ID & College Exposure Camps
- > BE SEEN -- Highlight Videos should be completed
- > SEE -- watch college soccer games -- see what it’s like at the next level.
- > Compete - PRACTICE and PLAY with teams at the next level.
- > Practice on your own -- fundamentals and ball skills. > You should be training/fitness 6 days a week



**Communicate with college coaches weekly. Send updated highlight film and keep them informed about future games.**

# SENIOR YEAR TO-DO LIST



## What you should be doing to prepare for College and College Soccer



- > NCAA & NAIA Eligibility needs to be completed and added to College Fit Finder.
- > Apply to schools
- > Apply for Financial Aid: [Rushcollege.com/financial-aid-101/](http://Rushcollege.com/financial-aid-101/)
- > Take the ACT/SAT again if needed
- > Sign and Commit to a school and program.
- > Once you commit update your status on Scouting Zone so Rush can celebrate your commitment
- > Stay in shape

Committing to a school isn't the end of the process. It is just the beginning. Focus on what it will take to continue to be successful now and in the future.



**Communicate with college coaches weekly. Send updated highlight film and keep them informed about future games.**